Judi Rx™

The Benefits of Filling your Maintenance Medications with a 90-Day Supply



Maintenance medications are drugs taken on an ongoing basis to manage chronic conditions, such as high blood pressure, diabetes, or asthma. They are typically prescribed for long-term use and may be eligible for 90-day supplies. Filling a 90-day supply of maintenance medications, whether through mail order or at a retail pharmacy, offers several benefits.

Save Money

Your pharmacy benefit plan may offer lower copays or incentives when filling a 90-day supply compared to a 30-day supply. This can lead to significant cost savings over time.

Save Time

With a 90-day supply, you only need to refill your prescription(s) four times a year. This reduces the number of trips to the pharmacy. Most mail-order and retail pharmacies offer automatic refill services that you can enroll into, making it easier to stay on track with your medications by minimizing the need to manually reorder. If you use a mail-order pharmacy, your medication can be delivered directly to your door. This eliminates the need to visit a physical location altogether.

Stay on Track

With a larger supply on hand, you are less likely to miss a dose due to delays in getting your prescription(s) refilled. Staying consistent with your medication helps keep your treatment plan effective. This can provide better health outcomes

How can you switch to a 90-day supply?

- Contact your pharmacy to see if a 90-day fill is available for your medication.
- Ask your healthcare provider to send a 90-day prescription to your pharmacy.
- Log in to the member portal at app.cap-rx.com/login and use the **Find Best Price** tool to see if your medication is eligible for a 90-day fill.

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